



# World Cup and Pre-JWOC

December 10<sup>th</sup> - 15<sup>th</sup> 2007

Idre Fjäll, SWEDEN

## Bulletin 4

**Idre Fjäll**

**PROGRAMME**

Monday Dec 10 <sup>th</sup>	11.30-14.00	Lunch		
	12.00-21.00	Competition office open	Event centre	
	13.00-16.00	Model event		
	15.00	Final name entry WCup middle distance		
	16.00-18.00	Dinner		
	17.00	Team leaders meeting WCup middle distance		
	17.30	Team leaders meeting Pre-JWOC middle distance		
	19.00	Opening ceremony	Event centre	
	Tuesday Dec 11 <sup>th</sup>	07.00-09.00	Breakfast	
		08.00-14.30	Competition office open	Competition centre
10.00		Mass start WCup middle distance		
11.00		Flower ceremony WCup		
11.30-14.00		Lunch		
13.00		Mass start Pre-JWOC middle distance		
14.30		Prize giving ceremony Pre-JWOC	Competition centre	
15.00-21.00		Competition office open	Event centre	
16.00-18.00		Dinner Pre-JWOC		
19.00		Banquet and Prize giving ceremony WCup		
Wednesday Dec 12 <sup>th</sup>	07.00-09.00	Breakfast		
	08.00-21.00	Competition office open	Event centre	
	09.00-16.00	IOF Event Advisor Clinic		
	11.30-14.00	Lunch		
	15.00	Final name entry WCup long distance		
	16.00-18.00	Dinner		
	17.00	Team leaders meeting WCup long distance		
	17.30	Team leaders meeting Pre-JWOC long distance		
Thursday Dec 13 <sup>th</sup>	07.00-09.00	Breakfast		
	08.00-16.00	Competition office open	Competition centre	
	10.00	First start WCup long distance		
	11.30-14.00	Lunch		
	13.00	Flower ceremony WCup		
	13.00	First start Pre-JWOC long distance		
	15.00	Final name entry WCup relay		
	15.00-21.00	Competition office open	Event centre	
	16.00	Prize giving ceremony Pre-JWOC	Competition centre	
	16.00-18.00	Dinner		
	17.00	Team leaders meeting WCup Relay		
17.30	Team leaders meeting Pre-JWOC Short distance			
19.00	Prize giving ceremony WCup	Event centre		
Friday Dec 14 <sup>th</sup>	07.00-09.00	Breakfast		
	08.00-15.00	Competition office open	Competition centre	
	10.00	Start WCup relay		
	11.30-14.00	Lunch		
	13.00	Prize giving ceremony WCup	Competition centre	
	13.00	First start Pre-JWOC short distance		
	15.00	Prize giving ceremony Pre-JWOC	Competition centre	
	15.00-18.00	Competition office open	Event centre	
	16.00-18.00	Dinner		
	19.00	Closing party		
Saturday Dec 15 <sup>th</sup>	07.00-09.00	Breakfast		
	08.00-	Departure		

Pre-JWOC Dec 13<sup>th</sup>-14<sup>th</sup> are included in the Swedish Ski-O Cup for juniors.



SVENSKA SKIDFÖRBUNDET  
SWEDISH SKI ASSOCIATION



Orienteering  
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<b>VENUE</b>	<p>Event centre is located at Idre Fjäll (<a href="http://www.idrefjall.se/index.asp/lang/1033">www.idrefjall.se/index.asp/lang/1033</a>), app. 500 km northwest of Stockholm. Nordic Open Championships was organised in 2002 at the same venue.</p> <p>Competition office will be located at the center of Idre Fjäll and at Idre Fjäll Ski Stadium. Telephone number and e-mail for the competition office, same as for the organiser.</p> <p>Competition centre (start- and finish area) are located at Idre Fjäll Ski stadium, 0,5 km from Event Centre and 0,5-1,5 km from hotel and cottages.</p> <p>Altitude of Idre Fjäll is app. 800 m above sea level. Normal temperature is -5 – -10 degrees C.</p> <p>Maps: Stockholm/Dalarna – Idre – Ski-O Idre Fjäll are available at <a href="http://www.ski-otourclub.nu">www.ski-otourclub.nu</a> / WORLD CUP 2008 / links and documents MAPS</p>
<b>TRAINING</b>	There will be possibility for cross-country skiing only at certain tracks and ski-O training at the Model event area.
<b>TERRAIN</b>	Alpine low terrain with both less and detailed contour. Mostly forest and partly big marshes. Height differences approximately up to 50 m.
<b>EMBARGOED AREA</b>	During the time period of November 1 <sup>st</sup> – December 14 <sup>th</sup> 2007 area west and northwest of Idre Fjäll. See also: <a href="http://www.ski-otourclub.nu">www.ski-otourclub.nu</a> / WORLD CUP 2008/ links and documents MAPS
<b>MAPS</b>	<p>Digital printed ski-O maps, surveyed 2007, scale 1:10 000 (middle distance and relay) and 1:15 000 (long distance), contour interval 5 m.</p> <p>Older maps, see: <a href="http://www.ski-otourclub.nu">www.ski-otourclub.nu</a> / WORLD CUP 2008/ links and documents MAPS</p>
<b>SKI WAXING</b>	All nations have special facilities for ski waxing at Event centre. At competition centre only outdoors.
<b>NUMBER BIBS</b>	In the WCup two number bibs, shall be placed at each leg. In the Pre-JWOC one number bib, shall be placed at the left leg.
<b>PUNCHING SYSTEM</b>	EMIT touch system will be used in all competitions. The IOF has approved the use of EMIT touch system for this events. Only e-cards provided by the organiser can be used. The e-cards will be delivered from the Competition office at arrival. Same card shall be used in all competitions. Card shall be returned to the organiser after the last competition. Lost and not returned e-card will be charged with 400 SEK.
<b>COURSES</b>	Information about courses will be given in Bulletin 4a and will be handed over to team officials at arrival.
<b>TEAM OFFICIALS</b>	Only team leaders with accreditation for the WCup / Pre-JWOC are allowed to take part in team leaders meeting, attend to the start and finish zone and zone for equipment change and refreshments.
<b>MEDICAL SERVICES</b>	If medical service is needed, please contact the Competition office.
<b>ANTI-DOPING</b>	Drug tests may be conducted according to IOF:s Anti-doping rules. Selected athletes are kindly requested to cooperate.
<b>COMPLAINTS</b>	Any complaints of the competitions shall be done in writing and be handed over to the Competition office not later than one (1) hour after official results has been published.
<b>JURY</b>	The jury members are following persons; Urs Bütikofer (SWE), Lars Lystad (NOR) and Alexander Bliznevskiy (RUS).
<b>MEDIA SERVICES</b>	<p>The Press centre are situated at Idre Fjäll Ski Stadium (Competition centre).</p> <p>Only journalists and other media representatives with accreditation for the WCup are allowed to visit the start and finish zone and other service given by the organiser.</p> <p>For further information, press releases and results, see: <a href="http://www.ski-otourclub.nu">www.ski-otourclub.nu</a> / WORLD CUP 2008 / links and documents NEWS/PRESS</p>

**ORGANISER**

Swedish Ski Association, Ski-O Tour Club and IFK Moras OK

**Event director** Stefan Frick

**Ass. Event director** Ulf Löfgren

**Course setter** Thomas Persson

**Manager Competition office** Gunilla Back

**Event advisor** Erich Simkovics, AUT

**Ass. Event advisor** Wolfgang Pötsch, AUT

**National controller** Urs Bütikofer

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Bulletin 4a will be handed over to at arrival.