

GDAŃSK - POLAND, June 3rd-6th 2010

MTB-O WORLD CUP

Bulletin 4

UNDER THE PATRONAGE OF:

Mr Lech Wałęsa - Former President of Poland

Mr Paweł Adamowicz - The Mayor of Gdańsk

Mr Roman Zaborowski - Pomorskie Governor

Mr Mieczysław Struk - The Marshal of Pomorskie Voivodeship

Mr Zdzisław Szudrowicz - Pomorskie Voivodeship School Superintendent

Mr Zbigniew Kaczmarczyk - Director of Regional Directorate of State Forest in Gdańsk

GENERAL ORGANIZER:

IOF - International Orienteering Federation

PZOS - Polish Orienteering Federation

ORGANIZER:

Pomorski Klub Orientacji "**HARPAGAN**" Gdańsk

ORGANIZING COMMITTEE:

Event Director: Karol Kalsztein

Managing Director: Magdalena Kwiesielewicz

Event Secretary / Event Office Director: Bożena Pieczka

ORGANIZING TEAM:

Press: Monika Moskal

IT headwoman : Joanna Jankowska

Referee / Results board: Marek Plich

Start Line: Paweł Morawski

Finish Line: Ewa Tarnowska

SI-card office: Maciej Krzyśko, Marek Sobiegraj

Event Area Technical Staff Manager: Krystian Stenka

Event Office: Olga 'Pszczola' Kulczyńska, Jagoda 'Jadźka' Niemczyk

CONTROLLERS:

IOF Event Advisor: Alexey Kuzmin (Russia)

National Controller: Jan Cegiełka

INFORMATION:

Event secretary: Bożena Pieczka, phone: +48 694 42 60 40

E-mail: worldcup@harpagan.pl

Web: <http://www.harpagan.pl/worldcup>

EMBARGOED AREAS:

See the interactive map on the web page:

<http://www.harpagan.pl/worldcup/?page=embargo>

Areas embargoed for the time period of 01.11.2009 - 06.06.2010

PROGRAMME:

2nd June 2010, Wednesday. Arrival, secretarial procedures.

3rd June 2010, Thursday. Opening ceremony.

WCup, WMOC - training area (possibility to take part in open competition, Pomerania Cup - sprint distance)

EJOCup, EYOCup - sprint distance

Pomerania Cup - 1st day - sprint distance

4th June 2010, Friday.

WCup, EJOCup, EYOCup - long distance

WMOC - 1st day - ultra long distance

Pomerania Cup - 2nd day - long distance

5th June 2010, Saturday.

WCup, EJOCup, EYOCup - middle distance

WMOC - 2nd day - long distance

Pomerania Cup - 3rd day - middle distance

6th June 2010, Sunday. Relay; Closing ceremony; Departure.

WCup - relay mix event

WMOC - 3rd day - long distance - handicap start

EJOCup, EYOCup - relay event

EVENT SCHEDULE:

2nd June 2010, Wednesday.

16:30 - 23:00 Opening hours of the Event office (EC);

16:30 - 23:00 Opening hours of the Press centre (EC);

17:00 - 19:00 Model event;

19:30 - 21:00 Dinner.

3rd June 2010, Thursday.

07:00 – 09:00 Breakfast;

08:00 – 12:00 Opening hours of the Event office (EC);

08:00 – 12:00 Opening hours of the Press centre (EC);

09:00 – 09:30 Team leaders meeting EJOC, EYOC;

10:00 – 12:00 Model event WCup, WMOC;

12:00 – 14:00 Lunch;

13:30 – 17:30 Opening hours of the Event office at Sprint finish area;

13:30 – 17:30 Opening hours of the Press centre at Sprint finish area;

| | | |
|-------|-------|-----------------|
| 14:00 | 14:30 | Opening parade. |
| | 0 | |

14:00 – 14:30 Opening ceremony;

15:00 – 17:30 Sprint distance (EJOC, EYOC, Pomerania Cup, Polish Cup, open event 'Gdańsk on bikes');

17:30 – 18:00 Sprint distance competition prize giving ceremony (EJOCup, EYOCup);

19:00 – 22:00 Opening hours of the Event office (EC);

19:00 – 22:00 Opening hours of the Press centre (EC);

19:00 – 20:00 Team leaders meeting WCup, EJOC, EYOC;

19:00 – 20:30 Dinner.

4th June 2010, Friday

07:00 – 09:00 Breakfast;

09:00 – 16:00 Opening hours of the Event office at finish area;

09:00 – 16:00 Opening hours of the Press centre at finish area;

10:00 – 16:00 Long distance (WCup, EJOC, EYOC, Pomerania Cup, Polish Cup) and Ultra Long Distance (WMOC);

15:00 – 17:00 Lunch;

18:00 – 22:00 Opening hours of the Event office (EC);

18:00 – 22:00 Opening hours of the Press centre (EC);

18:30 – 19:30 Team leaders meeting;

19:00 – 20:30 Dinner.

20:00 – 21:00 Long and ultralong distance competition prize giving ceremony (WCup, WMOC, EJOC, EYOC);

5th June 2010, Saturday

07:00 – 09:00 Breakfast;

09:00 – 15:00 Opening hours of the Event office at finish area;

09:00 – 15:00 Opening hours of the Press centre at finish area;

15:00 Deadline for Relay competition entries (WCup, EJOCup, EYOCup) at the Event office at finish area;

10:00 – 15:00 Middle distance (WCup, EJOCup, EYOCup, Pomerania Cup, Polish Cup) and Long Distance (WMOC);

14:00 – 16:00 Lunch;

18:00 – 22:00 Opening hours of the Event office (EC);

18:00 – 22:00 Opening hours of the Press centre (EC);

18:30 – 19:30 Team leaders meeting;

19:00 – 20:30 Dinner;

20:00 – 21:00 Middle and long distance competition prize giving ceremony (WCup, WMOC, EJOCup, EYOCup);

6th June 2010, Sunday

07:00 – 09:00 Breakfast

09:00 – 14:00 Opening hours of the Event office at Relay finish area;

09:00 – 14:00 Opening hours of the Press centre at Relay finish area;

10:00 – 14:00 Relay (WCup, EJOCup, EYOCup) and Long Distance (WMOC);

11:00 – 12:00 Pomerania Cup and Polish Cup competition prize giving ceremony (finish area);

14:00 – 14:30 Relay competition prize giving ceremony (WCup, EJOCup, EYOCup);

14:30 – 15:00 WMOC competition prize giving ceremony;

15:00 – 15:30 Closing Ceremony at the Event area;

16:00 – 19:00 Opening hours of the Event office (EC)

16:00 – 19:00 Opening hours of the Press centre (EC);

16:00 – 17:00 Lunch;

16:00 – 19:00 Departure of teams;

CLASSES:

WCup: WE, ME;

WMOC: W/M-40, 50, 60, 70;

EJOCup: W-20, M-20;

EYOCup: W-17, M-17;

Polish Cup: W/M 14, 17, 20, 21, 40, 50, 60; M-70; Open OTK, OTS, OTD;

Pomerania Cup: W/M 14, 21;

“Gdańsk on bikes”: open competition, open GDA

START GROUPS:

Start group allocation will be limited to Red Group on Middle and Long. All the other competitors will be drawn randomly within the main start group. The members of the Red Group will include the reigning World Champion of the format and the required number of riders based on the World Ranking List to comprise 10 competitors for the Red Group. The list of the Red Group will be published 10 days before the event.

| Rank | Top 15 Men | | Top 15 Women | |
|------|------------------------|-----|---------------------|-----|
| 1 | Lasse Brun Pedersen | DEN | Michaela Gigon | AUT |
| 2 | Jiří Hradil | CZE | Christine Schaffner | SUI |
| 3 | Ruslan Gritsan | RUS | Hana Bajtošová | SVK |
| 4 | Adrian Jackson | AUS | Marika Hara | FIN |
| 5 | Beat Schaffner | SUI | Ingrid Stengard | FIN |
| 6 | Erik Skovgaard Knudsen | DEN | Sonja Zinkl | AUT |
| 7 | Torbjorn Gasbjerg | DEN | Nadia Mikryukova | RUS |
| 8 | Samuli Saarela | FIN | Ksenia Chernykh | RUS |
| 9 | Matthieu Barthélémy | FRA | Anna Füzy | HUN |
| 10 | Beat Oklé | SUI | Martina Tichovská | CZE |
| 11 | Radek Laciga | CZE | Anna Kamińska | POL |
| 12 | Jussi Laurila | FIN | Emily Benham | GBR |
| 13 | Tobias Breitschädel | AUT | Rikke Kornvig | DEN |
| 14 | Anton Foliforov | RUS | Ramune Arlauskiene | LTU |
| 15 | Victor Korchagin | RUS | Maja Rothweiler | SUI |

START BIBS:

There will be only one start bib for every competitor for individual events. Start bib should be attached in front of the bike.

PARTICIPATION'S RESTRICTIONS:

- In each competition federation may enter:
- Individual events (WCup) max. 6 men, 6 women/ federation

- Relay event (WCup) max. 4 teams of 3 riders/ federation. Each team must include at least one woman;
- Individual events (EJOCup, EYOCup) max. 6 men, 6 women /federation
- Relay events (EJOCup, EYOCup) max 2 female, 2 male teams/ federation.
- Both individual and club entries will be accepted for the following events:
- Individual events (WMOC) open competition/ a 3-day event.
- Pomerania Cup open competition for everyone/ a 3-day event.

EVENT CENTER:

Gdańsk Oliwa, Hala Sportowo-Widowiskowa OLIVIA, Al. Grunwaldzka 470, 80-309 Gdańsk

map: <http://www.stoczniowiec.org.pl/index.php?id=3&m=1>,

photo: <http://www.panoramio.com/photo/22805622>

GPS coordinates: N54°24' 02,8" E18°34' 18,1"

The Event Center will be located in Gdańsk Oliwa, Pomerania region (Poland), 30 minutes (by bus/taxi) from Gdansk Lech Walesa Airport, 20 minutes(on foot) from Gdańsk-Oliwa railway station:

MAP SCALES:

World Cup:

Sprint open event 1:7500 / 2,5m

Long 1:15000 / 5m

Middle 1:15000 / 5m

Relay 1:15000 / 5m

WMOC:

Sprint open event 1:7500 / 2,5m

Ultra Long 1:15000 / 5m

Long 1:15000 / 5m

Long 1:15000 / 5m

EJOCup, EYOCup:

Sprint 1:7500 / 2,5m

Long 1:15000 / 5m

Middle 1:15000 / 5m

Relay 1:15000 / 5m

COURSES:

3rd June 2010, Thursday; map: Bogdan Gackowski, course planner: Karol Kalsztein

4th June 2010, Friday; map: Remigiusz Nowak, course planner: Remigiusz Nowak

5th June 2010, Saturday; map: Andrzej Olech, course planner: Karol Kalsztein

6 th June 2010, Sunday; map: Andrzej Olech, course planner: Karol Kalsztein

TIME KEEPING SYSTEM:

The SPORTident system will be used for all events. Competitors can use their own SI Card or the Organizer can provide an SI Card upon request. SI Card renting: € 10 for all events (with € 40 deposit) in case the SI card is lost or damaged.

ENTRY FEES:

Pomerania Cup:

All 3 events (sprint, long, middle) € 24 / person birth year <1990

All 3 events (sprint, long, middle) € 12/ person birth year >=1990

One single event (sprint, long, middle) € 8 / person birth year <1990

One single event (sprint, long, middle) € 4 / person birth year >=1990

Fee includes maps of all Pomerania Cup events.

“Gdańsk na rowerach”:

free start

It is an open event for everyone who can ride a bike. You can start alone, in pairs, groups, families and bunch of friends. It's great fun!! Just find a tent with ' Gdańsk na Rowerach' crew (grawitacja.gdańsk orienteering club). They will tell you everything you need to know.

EVENT OFFICE:

Event office is located in a room on 1st floor of the Event centre or in the finish area during competition time. Event office will be opened as specified in the programme. Maps, start lists, start bibs, results, information and other things will be available in the office. You can contact the chief of the Event office by phone; number +48 694-426-040

REGISTRATION:

Upon registration all teams and individual competitors are required to pay the entry fee and the accommodation/board fee ordered through WOC organizers (in case they haven't already paid them). Afterwards the team leaders (on behalf of the whole team) will receive Programme (Bulletin4), accommodation vouchers, meal tickets, World Cup, WMOC, EJOcup, EYOcup, ID cards, Model event maps and other team materials.

ACCOMMODATION:

There are four accommodation places:

Type A- Event Center; hotel, 470 Grunwaldzka Street

Type C- Gdańsk Fencing School, hostel+; 6 VII Dwór Street

Type F- Youth Hostel, 244 Grunwaldzka Street

Type G – school, 30 Wąsowicza Street

Vouchers for accommodation will be given to team leaders on registration. Room numbers will be given in the reception of each place.

BOARD:

The board is arranged differently for each type of accommodation.

Type A- all meals in the accommodation place; breakfast included in the price of a room, other meals on request as in Entry Form B.

Type C- breakfast in the accommodation place; breakfast included in the price of a room, other meals in Type A- on request as in Entry Form B.

Type F- breakfast in the accommodation place; breakfast included in the price of a room, other meals in Type G- on request as in Entry Form B.

Type G- all meals in the accommodation place; breakfast included in the price of a sleeping place, other meals on request as in Entry Form B.

The lunch and dinner menu will be shown in your accommodation places.

If needed it is possible to purchase additional meals in Type A.

INTERNET:

Internet will be accessible in Press centre of the Event centre during opening hours. Accommodation „A“ (Hotel Olivia) is covered with WI-FI signal in common areas. In all other accommodation places you have to ask the hostel/school organizers staff about the Internet possibilities.

BIKE STORAGE:

In each accommodation place there will be locked or guarded places for bike storage. There will be signs informing where to go with your bike. There will also be places for bike repairing so please make sure you make your repairs there.

TRANSPORT:

All sites of the event, including Model Event are reachable by bike , within 10 km from Event Center. All accommodation and catering places are within 3 km from Event Center.

Transport to and from Gdansk Airport and Warsaw Airport can be organized by the Organizers for a fee:

- From Gdansk airport to Event Center or accommodation place (and return) - 20 euro /per person and bike
- From Warsaw airport to Event Center or accommodation place (and return) - 100 euro /per person and bike
- Transport from event center or accommodation place to all competitions (4 days) - 40 euro /per person and bike

Please inform the organizers of any assistance you require with transport within Poland.

You can get to Gdańsk-Oliwa from Warsaw (and other cities) by train. More information on train schedules here: <http://rozklad-pkp.pl/?q=en/node/143>

It is also possible to get to Gdańsk by ferry from Sweden, Denmark and Finland.

RULES:

World MTB-O Championships will be organized according to the „Competition rules for IOF mountain bike orienteering events“ (2004). 3x2 road classification system (based on the draft 2007 ISMTBOM), is used in agreement with the MTBO commission and the approval of the Event Advisor.

Riding off the

track, trail or path is allowed . Riding in the embargoed areas which are marked with pink lines is prohibited.

Please also note that road classification is based on rideability, not on visibility. In open areas some roads and paths are difficult to see, but easy to ride. It should also be noted that ongoing active forestry work may modify the condition of the roads after the printing of the maps.

The rideability of open areas is determined by the type of yellow used. All restricted areas carry legends that are based on 100% yellow area with or without some overprint.

All rideable open areas (grass land, clearings, clear cuts and sandy areas) are shown with 50% yellow. Rideable semi open areas are also based on 50% yellow.

Please note, that "rideable" in this sense refers to "no restriction", and does not mean that competitors can actually cross the area riding their bike.

Green is used to show impassable areas, including dense forest. For open areas where one has no chance to cross, but may be informative for navigation (old clear cuts), green stripes are printed over 50% yellow.

Some vegetation variations and buildings are not mapped where they have no particular value for navigation purposes.

SIMPLY SPEAKING:

100% yellow – Ok

50% yellow - Ok

green - Ok

white – Ok

COURSES:

Air distance / climb / controls

Ideal riding route is typically 50% longer.

| Category | Sprint | Long/Ultra Long (WMOC) | Middle/Long (WMOC) | Relay/ Long (WMOC) |
|--------------|------------|---------------------------|-----------------------|-----------------------|
| ME | X | 26800/450/23 | 17200/230/20 | X |
| WE | X | 21200/360/19 | 14200/200/18 | X |
| MWmix | X | X | X | 18800/220/20 |
| M14 | 3400/10/14 | 10200/150/10 | 8600/90/12 | X |
| M17 | 6500/10/22 | 17200/230/20 | 12600/150/16 | 12800/160/15 |
| M20 | 7000/10/24 | 19900/320/19 | 15400/170/18 | 13600/190/16 |
| M21 | 7400/10/27 | 26800/450/23 | 17200/230/20 | X |
| M40 | 7100/10/25 | 18800/260/18 | 14440/190/18 | 19800/230/19 |
| M50 | 6200/10/20 | 15800/170/17 | 12600/120/16 | 17200/200/17 |
| M60 | 4700/10/16 | 12800/140/14 | 10200/110/14 | 12800/150/15 |
| M70 | 3000/10/12 | 7100/110/7 | 6200/90/11 | 10400/110/13 |
| W14 | 3000/10/12 | 7100/110/7 | 6200/90/11 | X |
| W17 | 5200/10/17 | 13200/150/15 | 9800/130/14 | 10200/110/12 |
| W20 | 5900/10/20 | 16800/210/18 | 12400/150/16 | 11400/140/13 |
| W21 | 6300/10/22 | 26800/450/23 | 14200/200/18 | X |
| W40 | 5400/10/19 | 12800/140/14 | 11800/140/16 | 12600/140/13 |
| W50 | 5200/10/17 | 10200/150/10 | 9800/110/14 | 12000/120/14 |
| W60 | 3400/10/14 | 7100/110/7 | 8600/90/12 | 10600/100/13 |

| | | | | |
|------------|------------|--------------|--------------|------------|
| W70 | 3000/10/12 | 7100/110/7 | 6200/90/11 | 9400/70/12 |
| OTK | 3000/10/12 | 7100/110/7 | 6200/90/11 | X |
| OTS | 5200/10/17 | 13200/150/15 | 9800/110/14 | X |
| OTD | 6500/10/22 | 17200/230/20 | 12600/120/16 | X |

TERRAIN DESCRIPTION:

Some tricky steep sections may challenge riders. Dangerous downhill will be marked on the map and on the terrain, as well.



On the Terrain

Please be careful on Thursday during SPRINT event as it's taking place in a recreational area. You can expect people with kids and dogs. There will be notices informing about competition on all the entrances to the event area so you may expect a lot of spectators.

MODEL EVENT:

Model event will be organized Thursday morning starting at 10 am and lasting for 2 hours..

The Model Event is accessible by bike from Event Center (1800m)

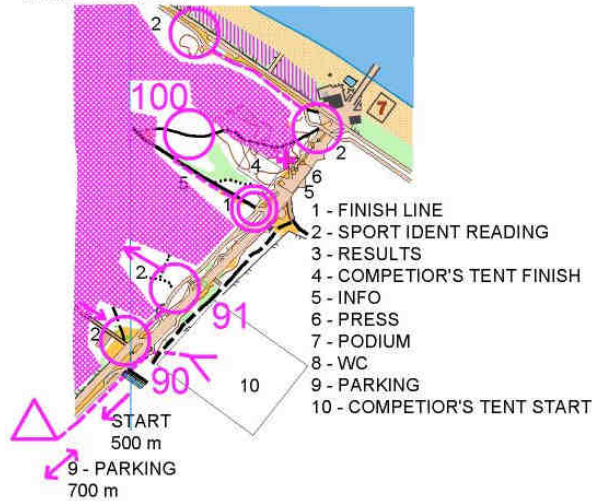
Start/Finish of Model Event location is at 125 Polanki Street.

DAY 1

Sprint (EYOCup, EJOCup, World Cup-open, WMOC-open Polish Cup, Pomerania Cup), 3rd June 2010

Map: 1:7 500 / 2,5m A4 size
15:30 EYOCup, EJOCup, World Cup-open,
First start: 15:45 WMOC-open
16:00 Polish Cup, Pomerania Cup
Start distance: 500m/0m from the Finish
Pre-Start: 2min before Start
Map start: 30m from time start
Start interval: 1min for World Cup,
Warm up: A warm-up area maps will be available in the Event office at Sprint finish area.
Finish: By punching at the Finish box on the Finish line. Quarantine zone will be set up for EYOCup, EJOCup riders to ensure fairness.
Within 10min from first start all EYOCup, EJOCup, World Cup-open
Start quarantine: competitors should cross the line of the Start quarantine set up 400/0m from the Finish.
Finish quarantine: Until 30min from the first start all competitors finishing their course should remain in the quarantine zone in the Finish area.
Cycling time: 45min
Spectator control 1: 200m South of the Finish area 3 to 5min before riders reach Finish.
Spectator control 2: 100m North of the Finish area 30 seconds before riders reach Finish.
Please be careful on Thursday during SPRINT event as it's taking place in a recreational area. You can expect people with kids and dogs. There will be notices informing about competition on all the entrances to the event area so you may expect a lot of spectators.
Dangerous sections: **There are asphalt paths in the recreational area so be especially careful when crossing them!!!!!!!**
On asphalt roads be sure that you ride on bike paths which are on the West side .East side tracks are only for walking!!!!

EVENT CENTER AND OPENING CEREMONY
SPRINT 03.06.2010



DAY 2

Long (World Cup, EJOcup, EYOcup, Pomerania Cup, Polish Cup), Ultra Long (WMOC), 4th June 2010

Map: 1:15 000 / 5m A3 size
10:00 World Cup, EJOcup, EYOcup

First start: 11:00 WMOC
12:00 Pomerania Cup, Polish Cup

Pre-Start: 2min before Start

Map start: 20m from time start

Start interval: 3min for all categories

Spectator control: On the East side of the Finish area. It is also the location of the coaching zone. All categories pass this control twice, approximately at 50% and 85% of their course.

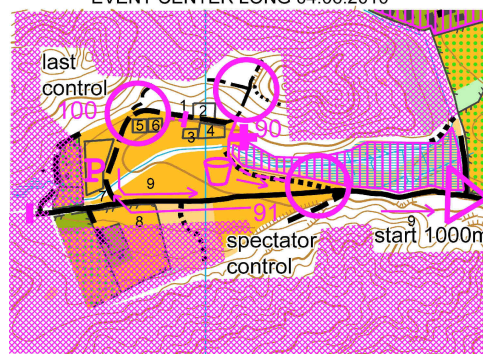
Finish: By punching at the Finish box on the Finish line. Quarantine zone will be set up for World Cup, EJOcup, EYOcup riders to ensure fairness.

Finish quarantine: Until last World Cup EJOcup, EYOcup start all competitors finishing their course should remain in the quarantine zone in the Finish area.

Cycling time: 210min

Dangerous sections: No urban area this day.
Be careful when crossing asphalt roads.

EVENT CENTER LONG 04.06.2010



- 1 - FINISH LINE
- 2 - SPORT IDENT READING
- 3 - RESULTS
- 4 - COMPETITOR'S TENT
- 5 - INFO
- 6 - PRESS
- 7 - WC
- 8 - CENTER AREA ENTRANCE
- 9 - START 1000m

DAY 3

Middle (World Cup, EJOcup, EYOcup, Pomerania Cup, Polish Cup), short Long (WMOC) 5 June 2010

Map: 1:15 000 / 5m A4 size

| | |
|---------------------|--|
| First start: | 10:00 World Cup, EJOCup, EYOCup 11:00 WMOC 12:00 Pomerania Cup, Polish Cup |
| Pre-Start: | 2min before Start |
| Map start: | 200m from time start |
| Start interval: | 2min for all categories |
| Spectator control: | On the West side of the Finish area. It is also the location of the coaching zone. All categories pass this control twice, approximately at 80% and 90% of their course. |
| Finish: | By punching at the Finish box on the Finish line. Quarantine zone will be set up for World Cup, EJOCup, EYOCup riders to ensure fairness. |
| Finish quarantine: | Until last World Cup EJOCup, EYOCup start all competitors finishing their course should remain in the quarantine zone in the Finish area. |
| Cycling time: | 150min |
| Dangerous sections: | No urban area this day. Be careful when crossing asphalt roads. |



Day 4

Relay (World Cup, EJOCup, EYOCup), Long (WMOC), 6th June 2010

Map: 1:15 000 / 5m A4 size

10:00 World Cup,

10.10 EJOCup,

10.20 EYOCup

10.30 WMOC

Pre-Start: 10min before Start

Map start: 600m from time start

Spectator control: On the West side of the Finish area. It is also the location of the coaching zone. All categories pass this control twice, approximately at 70% and 85% of their course.

Finish: By punching at the Finish box on the Finish line. Quarantine zone will be set up for World Cup, EJOCup, EYOCup riders to ensure fairness.

Finish quarantine: Until last World Cup, EJOCup, EYOCup start all competitors finishing their course should remain in the quarantine zone in the Finish area.

Cycling time: 210min for all 3 legs of relay

Dangerous sections: No urban area this day.

Be careful when crossing asphalt roads.

EVENT CENTER RELAY/LONG 06.06.2010



PAYMENTS:

All payments must be done in the Event Office on arrival.

The World Cup, WMOC, EJOCup and EYOCup entries, accommodation, board and transport will be accepted and confirmed after the arrival of the transfer.

Deadline for transfers reaching the organizers is by May 15, 2010.

Pomerania Cup participants may pay in cash upon registration.

In you want an invoice please tell the event office staff about it on arrival.

OLD MAPS:

Old Maps are available in Maps bookmark on webpage: <http://www.harpagan.pl/worldcup/?page=maps>

LOCAL WEATHER:

June is a first month of summer and everything can happen!

The first days of June may be warm or even hot with temperatures up to 30 degrees C. On the other hand we may have heavy rains and thunderstorms which would lead to temperatures about 10 degrees C.

More on weather here: <http://new.meteo.pl> (forecast based on numerical weather model COAMPS)

LEGAL RESTRICTION:

Every participants takes part at his/her own risk. Organizers are not liable for any health problem or damage in the equipment.

Any kind of trading activity requires written permission by the organizers.

OTHER INFORMATION:

- All events will be organized in accordance with the 2009 IOF Competition Rules for MTB Orienteering Events.
- Competitors must get to all control points with their bikes.
- Riding off tracks is allowed.
- In Poland one drives on the RIGHT side of roads. Therefore riders must ride on the RIGHT side on all roads and tracks.
- Overtaking slower riders should be done on the LEFT.

MEDICAL CARE:

- Organizer will provide first aid at the competition centre of each event and in the finish area. Organizer will not bear costs of health insurance of participants. We recommend a personal health insurance. Each participant takes part on its own risk.
- There are hospitals near to the event areas.

ADDITIONAL INFORMATION:

Bożena Pieczka: worldcup@harpagan.pl , phone: +48-694-42-60-40

Updates and additional information: <http://www.harpagan.pl/worldcup>