



# WORLD CUP SKI-O 2010

1-7.02.2010

Uzana, Gabrovo, BULGARIA



## BULLETIN 3

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# 1. General Information

## 1.1. Organizers

Bulgarian Orienteering Federation and Sport club Orienteering “Uzana”

Chairman of OC	Tomislav Donchev – Mayor of Gabrovo
Vice Chairman of OC	Mariyan Kostadinov – District Governor
2 <sup>nd</sup> Vice Chairman of OC	Atanas Georgiev – President of BGOF

Event director	Lachezar Iliev
Event secretary	Iliana Shandurkova
Course setter	Vasil Shandurkov
IOF Event Adviser	Tatiana Kalenderoglu
National Adviser	Ivan Todorov and Kiril Tonchev

Accommodation director	Miroslav Penchev
Transport director	Stoyan Dachev
Media director	Konstantin Koynov
Timing director	Ivan Dimitrov

## 1.2. Venue

Event center is located in Uzana resort which is 25 km from Gabrovo city and 250 km from Sofia or 320 km from Varna or 270 km from Bucharest. Uzana area is situated between 1200 and 1400 m above sea level

## 1.3. How to get to the Event Center?

### To and from Event area:

The distances from the closest airports are:

Bucharest – Event center: 270km, 4.5hours

Sofia – Event center: 250km, 3.5hours

Varna – Event center: 280km, 4.5hours

Gabrovo railway station – Event center: 25km, 35min.

Event center – Miercurea Ciuc, Romania: 530 km, 8 hours

The prices for transport from Sofia, Varna or Bucharest to EC (one-way) are between 30-60 EUR per person depends on team participants' quantity. For more information please contact the organizers

### To World cup round 3 in Romania:

The transfer to Miercurea Ciuc (WC3&JWOC) on 7<sup>th</sup> of February - 40 euro per person.



<b>1.4. Program</b>		
<b>Sat</b>	<b>January 30</b> 17.00 – 21.00	<b>Arrival of the teams</b> Competition office open, accreditation of participants
<b>Sun</b>	<b>January 31</b> 10.00 – 21.00 18.30 – 21.30	<b>Arrival of the teams</b> Competition office open, accreditation of participants Dinner
<b>Mon</b>	<b>February 1</b> 7.00 – 21.00 07.30 – 09.00 10.00 – 16.00 12.30 – 14.00 17.00 18.30 – 20.00 19.00	<b>Model event</b> Competition office open Breakfast Model event Lunch Deadline for withdrawal from sprint distance Dinner Team leaders' meeting
<b>Tue</b>	<b>February 2</b> 7.00 – 21.00 07.30 – 09.00 11.00 12.15 13.00 – 14.30 17.00 17.30 – 18.30  18.30 – 20.00 19.00	<b>WC Sprint</b> Competition office open Breakfast Start Flower ceremony Lunch Deadline for withdrawal from long distance Opening ceremony Prize giving ceremony for Spring Distance at Hotel Impuls Dinner Team leaders' meeting
<b>Wed</b>	<b>February 3</b> 7.00 – 21.00 7.30 – 09.00 11.00 11.10 13.00 13.00 – 15.00 17.30 18.30 – 20.00	<b>WC Long Distance</b> Competition office open Breakfast Mass Start M21 Mass Start W21 Flower ceremony Lunch Prize giving ceremony for Long Distance at Hotel Impuls Dinner
<b>Thu</b>	<b>February 4</b> 7.00 – 21.00 07.30 – 09.00 09.30 – 13:00  13.00 – 14.30 17.00 18.30 – 20.00 19.00	<b>Rest days</b> Competition office open Breakfast Trip to the Architectural-ethnographic complex “Etar”, House of Humor and Satire and Gabrovo city center. Lunch Deadline for withdrawal from middle distance Dinner Team leaders' meeting

<b>Fri</b>	<b>February 5</b>	<b>WC Middle Distance</b>
	7.00 – 21.00	Competition office open
	07.30 – 09.00	Breakfast
	10.30	Start
	12.45	Flower ceremony
	13.00 – 14.30	Lunch
	15.30	Deadline for relay name entries
	18.30 – 20.00	Dinner
	19.00	Team leader's meeting
<b>Sat</b>	<b>February 6</b>	<b>WC Mix-Relays</b>
	7.00 – 21.00	Competition office open
	07.30 – 09.00	Breakfast
	10.30	Start
	11.45	Flower ceremony
	12.30 – 14.00	Lunch
	17.30	Prize giving ceremony for Middle distance and Relays
		Closing ceremony at Hotel Impuls
	19.30	Banquet, Disco
<b>Sun</b>	<b>February 7</b>	<b>Departure of the teams</b>
	7.00 – 10.00	Competition office open
	07.00 – 8.30	Breakfast
	9.00	Bus departure to Romania

## 2. Competition Information

### 2.1. Competition Rules

[The Competition Rules for IOF Ski Orienteering Events](#) valid from 1st of December 2009 apply.

### 2.2. Any permitted deviations from the rules

There are no deviations from the rules. But IOF has published [Ski Orienteering World Cup 2010 Special Rules](#).

### 2.3. Classes and participation rules

Participation restrictions according to IOF Ski-O Rules Point 6.8 and IOF Ski Orienteering World Cup 2010 Special Rules point 2. In each competition each federation may enter:

- Individual events: max 6 men, 6 women
- Mixed-relay event: max 6 teams per federation
- Officials: no limit

According to IOF Ski-O Rules Appendix 5: point 3.11.f.i:

The 6-leg mixed sprint relay consists of two competitors in a team.

Mixed sprint relay – one man and one woman in one team; no specific men's and women's legs. The team can decide whether to start with a man or with a woman.

Change of order not allowed after start draw.

In conjunction with WCup on 2<sup>nd</sup> and 3<sup>rd</sup> of February will be organized an open competition “Uzana Cup” with classes Men Open and Women Open. In addition on 4<sup>th</sup>,5<sup>th</sup>,6<sup>th</sup> and 7<sup>th</sup> February Open National Championships for the classes M / W 14,16,18,20,21,35,40,45,50,55,60 will take place under the following program:

4th February – Open National Championship Sprint

5th February – Open National Championship Long

6th February – Open National Championship Relay

7th February – Open National Championship Middle

Entry form for these events is available on: [www.bgof.org/dpski02010.htm](http://www.bgof.org/dpski02010.htm)

#### 2.4. Embargoed Area

All areas covered by the map “Uzana-2007” and some parts of the map “Uzana-76” From 1 of June 2009 till 7 of February 2010. (Look at the appendixes in Bulletin 2).

#### 2.5. Terrain type and tracks

Uzana area is situated between 1200 and 1400 m above sea level. Mixed forest – deciduous and coniferous trees. Moderately hilly terrain with a big open area in the middle of competition area. Tracks will be in 2 categories and percentages of each are as follows:

- 2 – 3 meters wide tracks prepared by a grooming machine, continuous line, 40%
- 0,8 – 1,5 meters wide tracks prepared by a snow mobile, dashed line, 60%

#### 2.6. Event office

Hotel Impuls - Uzana resort  
5600 Gabrovo  
BULGARIA

Tel: +359 66 867092

Mobile: +359 888 552 806

E-mail: [wcski02010@bgof.org](mailto:wcski02010@bgof.org)

#### 2.7. Arenas

During competition days competition arenas will be within walking/skiing distance (0-2km).

#### 2.8. Maps & Courses

Digitally printed ski-O maps according to IOF standard, surveyed at 2009. Size A4.

Course	Map scale & contours interval	Classes	Length km (straight line)	Length km (reasonable route)	Winner's time min
<b>Sprint</b>	1:5 000, 5 m	<b>Men</b>	<b>3.2</b>	<b>4.8</b>	<b>13-15</b>
		<b>Women</b>	<b>2.7</b>	<b>4.0</b>	<b>13-15</b>
<b>Long</b>	1:15 000, 5 m	<b>Men</b>	<b>17.5</b>	<b>21.3</b>	<b>90-100</b>
		<b>Women</b>	<b>12.8</b>	<b>14.6</b>	<b>75-80</b>
<b>Middle</b>	1:10 000, 5 m	<b>Men</b>	<b>8.2</b>	<b>11.0</b>	<b>40-45</b>
		<b>Women</b>	<b>5.9</b>	<b>7.8</b>	<b>35-40</b>
<b>Mixed Relay</b>	1:5 000, 5 m	<b>Men&amp;Women</b>	<b>1.8-2.0 per leg</b>	<b>2.3</b>	<b>8-10</b>

### 2.9. Punching and timing system

The punching system will be SPORTident. The organizers will offer free of charge SPORTident card 9 to competitors who need. Please give your numbers of SI-card with the name list entry form B.

Light – beam system will be used at the finish but the running times will be rounded down to whole seconds in all races

### 2.10. Anti-doping policy

«Think Positive - Test Negative». Doping is forbidden. [IOF Anti-Doping Rules](#) apply, valid as of June 1, 2009.

### 2.11. Training opportunities

Ski-O areas for training and a cross-country skiing track are available within skiing distance of 1-2 km from EC.

Please contact: Iliana Shandurkova

E-mail: [wcskio2010@bgof.org](mailto:wcskio2010@bgof.org)

Mobile: +359 888 552 806

Model Event will be held on 1st of February. The area of model event is 200 m from Hotel Impuls (Event Center).

## 3. Accommodation and catering

Accommodation will be in Uzana resort in different hotel categories. All hotels are within walking/skiing distance.

Type	Name	Accommodation per night/person	Full board per day/person	Room's type
A	Hotel Impuls (EC)-2 star Internet, day bar, tel.	40 EUR	Buffet	2- or 3-bed TV, toilet, bathroom
B	Hotel Geographical Center	15 EUR	15 Euro	3-, 4- or 5-bed toilet, bathroom
C	Hostel - shared bathroom	12 EUR	Self-catering	3-, 4- or 6-bed

## 4. Entries and other relevant information

### 4.1. Preliminary entries summary

Country	women	men	off.women	off.men	TOTAL
Bulgaria	2	6		1	9
Finland	4	5		4	13
Italy	2	4		1	7
Kazakhstan	6	6	1	2	15
Norway	3	3		1	7
Russia	7	7	1	5	20
Serbia		1			1
Sweden	4	4	1	3	12
Switzerland	1	5		1	7
Ukraine	1	4			5
USA		1			1
<b>Total 11 nations</b>	<b>30</b>	<b>46</b>	<b>3</b>	<b>18</b>	<b>97</b>

#### 4.2. Final entries

The deadline for final entries is 24th of January, 2010.

#### 4.3. Entry fees and dates

Entry fee for the competitors is 35 EUR per start per person, i.e. for the mixed-sprint relay is 70 EUR per relay. Accreditation fee for team officials is 35 Euro per person.

**Name list entry should be sent to [wcskio2010@bgof.org](mailto:wcskio2010@bgof.org) by 24th January 2010 giving in Entry Form B:**

- country
- name, birth year and SI card # of each competitor
- gender of each competitor
- name of each team officials

#### 4.4. Media services

Media center is located in the Event Center. Media representatives do not pay entry fee. Accommodation is same as for teams. For special requests or needs please contact the media director:

Konstantin Koynov, E-mail: [bgof@mail.prosoft.bg](mailto:bgof@mail.prosoft.bg), Mobile: +359 887 995 331

#### 4.5. Payment

The latest date for the payment of the entry fee, accommodation and transport is 15<sup>th</sup> of January 2010.

**Account Name: Sport club Uzana**  
**IBAN: BG51STSA93000004959558**  
**BIC/SWIFT: STSABGSF**  
Bank Name: BANKA DSK EAD  
Bank Address: Str. Nikolaevska 17, Gabrovo, Bulgaria

#### 4.6. Weather and climate

The temperature is between - 10 to -2 degrees in February. More information [here](#).

#### 4.7. Sightseeing and tourism

Organizers will offer sightseeing trip including visit to the world famous museums Architectural-ethnographic complex “Etar” and “House of Humor and Satire” and to Gabrovo city center during the rest day. The sightseeing tour will be free of charge. Entry forms for the tour will be available at Event Office upon arrival.

#### 4.8. Banquet

Banquet will be organized at Hotel Impuls on 6<sup>th</sup> of February. Entrance with accreditation is free. Additional tickets for the banquet will be available at Event Office upon 10 euro.

Appendix I: [Embargo area on part of map UZANA-76](#) (the link leads to bulletin2)

Appendix II: [Embargo area - map UZANA-2007](#) (the link leads to bulletin2)