Ski Orienteering World Cup
European Ski Orienteering Championships
Junior World Ski Orienteering Championships
European Youth Ski Orienteering Championships
World Masters Ski Orienteering Championships
Miercurea Ciuc, Romania, 8th – 15th February 2010



Welcome to Szeklerland, welcome to Romania!





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# 1. Organizers

Romanian Orienteering Federation in collaboration with Karpat Tour OK. Our organizing partner is the Miercurea Ciuc Municipality and Harghita County Council.

Event director Andras Csucs and Klaus Csucs

IOF Event Advisor Juraj Nemec

National Controller Florin Patras and Dinu Gheorghe

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Web site www.skio.ro

# 2. Venue

Event centre will be at the Sapientia University in Miercurea Ciuc. (46°21'38.05"N 25°48'7.69"E)

### 3. Embargoed Area

Area around the Bradet rest-house, area around Harghita Bai (excepting the new cross country-biathlon area) and Bucin pass area

### 4. Detailed programme

8.02.2010	Monday		Arrival
	all day		Arrival of teams
9.02.2010	Tuesday		Model event, Opening ceremony
	9:30	13:00	Model event
	15:15		Deadline for JWOC and EYOC name entries and starting groups for middle distance race (EOC/WCup only name entries)
	16:00	17:00	Team leaders' meeting
	18:00	19:00	Opening ceremony
10.02.2010	Wednesday		Middle distance
	9:30	12:30	EOC/WCup middle distance
	12:30	15:00	JWOC, EYOC middle distance
	15:15		Deadline for JWOC and EYOC name entries and starting groups for long distance race (EOC/WCup only name entries)
	18:00	19:00	Team leaders' meeting
11.02.2010	Thursday		Long distance
	10:00		EOC/WCup Men long distance mass start
	10:15		EOC/WCup Women long distance mass start
	12:00		JWOC Men long distance mass start





	12:15 12:30 18:00 19:00	15:30	JWOC Women long distance mass start EYOC, WMOC long distance with individual start Price giving ceremony (Middle dist., Long dist.)  Cultural program
12.02.2010	Friday		Rest day
	9:00	14:00	Excursion
AND A			Deadline for JWOC and EYOC name entries and starting groups
	15:15		for sprint distance race (EOC/WCup only name entries)
	18:00	19:00	Team leaders' meeting
13.02.2010	Saturday		Sprint
	10:00	11:00	"Maratonul Sanatatii" Open cross country race near finish area
	10:00	11:30	EYOC, JWOC sprint distance
	12:00	13:30	EOC/WCup sprint distance
	12:00	15:00	WMOC long distance
	15:15		Deadline for EOC/WCup, JWOC and EYOC name entries for relay race
	17:00	17:50	Team leaders' meeting
	18:00		Price giving ceremony (Sprint dist., WMOC)
14.02.2010	Sunday		Relay
	10:00	12:00	EOC/WCup Men relay
	10:15	12:15	EOC/WCup Women relay
	12:30	14:15	JWOC Men relay
	12:45	14:30	JWOC Women relay
	17:00	18:00	Closing ceremony / Price giving ceremony (relay)
	20:00		Banquet EOC/WCup and WMOC
	21:00		Disco EYOC and JWOC
	//		
15.02.2010	Monday		Departure
	all day	/	Departure of teams

# 5. Classes and participation restrictions

### W21, M 21 (World Cup, EOC)

Participation restrictions according to IOF World Cup rules: Each federation may enter a team of 14 competitors – up to 7 women and 7 men and unlimited number of team officials. In each competition each federation may enter:

-	individual events	max 6 men,6 women/country (the organizing Federation 8 men /
		women + up to 10 men / women competitors according World
		Cup 2010 Special Rules)
-	relay event	max 2 male teams, 2 female teams, only the better team will count (the organizing Federation can enter up to 5 male and 5
		female additional national teams according World Cup 2010
		Special Rules)





According to EOC rules: In each competition each federation may enter max 6 men, 6 women/country + current European champions:

Sprint – Tatiana Vlasova, RUS and Tomas Löfgren, SWE Middle distance – Tatiana Vlasova, RUS and Andrey Gruzdev, RUS Long distance – Tatiana Vlasova, RUS and Erik Rost, SWE

#### W 20, M 20 (JWOC)

Each federation may enter a team of 14 competitors – up to 7 women and 7 men and unlimited number of team officials (JWOC).

In each competition each federation may enter:

- individual events max 6 men, 6 women / country

- relay event max 2 male teams,2 female teams,only the better team will count

#### W 17, M 17 (EYOC)

In each competition each federation may enter max 4 men, 4 women /country

#### W/M 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85 (WMOC)

Open for everybody, the class depends on age. The start order for the first final race will be drawn at random. The start order for the second final race will be reverse of the start order in the first race. WMOC medals will be awarded according to the sum of the result of the two races.

#### 6. Visa

Romania is a member of the European Union, so the most European countries need no visa to enter Romania. Competitors from non EU countries should visit the following website to get information: <a href="http://www.mae.ro/index.php?unde=doc&id=7201&idlnk=3&cat=5">http://www.mae.ro/index.php?unde=doc&id=7201&idlnk=3&cat=5</a>
If you need help getting the visa, please contact us until 31st of December 2009.

#### 7. Terrain type

Middle, long distance: deciduous forest and partly open areas; altitude 950-1100 m a.s.l. Sprint distance: mostly open area with a small pinewood forest area; altitude 950-1000 m a.s.l. Relay: pinewood forest and partly open areas; altitude 1200 - 1300 m a.s.l.

#### 8. Finish area

For the individual events the finish area will be located near the Miercurea Ciuc – Odorheiu Secuiesc main road, 15kms from Miercurea Ciuc (46°20'40.62"N 25°38'51.93"E)

For the relay competition the finish area will be in the biathlon stadium at Harghita Bai

For the relay competition the finish area will be in the biathlon stadium at Harghita Ba (46°22'58.52"N 25°38'0.73"E)

#### 9. Training possibilities

A training competition will be organized 30kms from the competition centre in the weekend before the competitions (6<sup>th</sup>-7<sup>th</sup> Feb. 2010). If you are interested please contact us.





### 10. Registration and entry fee for EOC/WCup, JWOC, EYOC

We will use the online entry system. Please visit our website for more information.

#### **Final entry**

Latest day for final entry with names of the competitors and team officials is January 30, 2010 (online entry form, see web site).

#### Entry fee

Entry fee for competitors WCup,EOC 40 EUR/race or 150 EUR for 4 races

JWOC 35 EUR/race or 125 EUR for 4 races
EYOC 35 EUR/race or 100 EUR for 3 races

Fee for the officials 50 EUR

Media representatives free of charge

### 11. Registration for WMOC, entry fee

#### Entry for the two individual races

Latest day for entry with names of the competitors and accommodation is January 30, 2010 (online entry form, see web site). Discount for early registration.

#### **Entry fee**

Entry fee, registration and payment by: December 31, 2009 **70 EUR**Entry fee, registration and payment by: January 31, 2010 **80 EUR** 

### 12. Summary of entries received

		W21	M21	W20	M20	W17	M17	Officials	Total
Austria		1	2	2	1	2	3	2	13
Czech Republic		0	0	4	4	3	2	4	17
Estonia		0	3	1	3	2	0	2	11
Finland	+	6	6	0	0	0	0	4	16
Germany		0	2	1	0	0	2	0	5
Hungary		0	0	1	3	0	1	0	5
Latvia		0	0	0	2	0	1	1	4
Norway	╬	3	6	6	6	0	0	5	26
Romania		6	6	4	5	4	4	3	32
Russia		7	7	6	6	4	4	12	46





Slovakia	•	0	0	0	2	0	1	1	4
Sweden	+	6	6	6	6	4	4	8	40
Switzerland	+	1	6	3	5	1	1	2	19
Ukraine		1	6	2	3	2	4	3	21
Kazakhstan			Regi	istered	, but no	ow entr	ies sent	M	24
USA			Regi	istered	, but no	ow entr	ies sent		0
Total		31	50	36	46	22	27	47	283

WMOC entries can be found in O-Centre.

# 13. Accommodation (types and fee)

Accommodation can be booked through our online entry system.

Type A	60 EUR/pers./day
Type B	40 EUR/pers./day
Type C	30 EUR/pers./day
Type D	20 EUR/pers./day
Type E	12 EUR/pers./day

Number of places at each type of accommodation is limited. Assignments of accommodation types are made in order of registration.

Accommodation description:

#### Type A

3 star hotel, 2 beds/room, bathroom, toilet, telephone, TV, mini-bar, wireless internet, wellness (Jacuzzi, sauna) - full board

#### Type B

2-3 star hotels, 2 or 3 beds/room, bathroom, toilet, telephone, TV - full board

#### Type C

2 star hotel, 2-6 beds/room, bathroom, toilet, telephone, TV - full board

#### Type D

Motels and hostels, 2-6 beds/room – full board

#### Type E

Other type of accommodations without board

### 14. Payment

Please instruct your bank to forward the payment orders (total amount, including banking fee) by 31<sup>st</sup> December 2009 (WCup, JWOC and EYOC) to:





Account name: Club Sportiv Karpat Tour Orienteering Klub Miercurea Ciuc

Bank name: Banca Transilvania

**SWIFT code:** BTRLRO22

IBAN: RO79 BTRL 0210 4205 M352 45XX

When you make your entry you will get a payment code. Please use that code in the information

field at the bank transfer, so it is easier for use to take care of the payments.

Entries are not valid until the organizer has received the payment. Please respect the deadline.

### 15. Maps, scales

Maps: New Ski-Orienteering maps made in spring and summer 2009

Scale: WCup, JWOC, EYOC Sprint 1:5'000
WCup, JWOC, EYOC Long distance 1:15'000
WCup, JWOC, EYOC Middle distance 1:10'000
WCup, JWOC Relay 1:10'000

WMOC 1:10'000 / 1:15'000

Vertical contour intervals are 5 m.You can find old maps of the competition areas on www.skio.ro

# 16. Length of courses

#### Middle distance

Courses	Lenght Straight / shortest sensible	Total climb	Number of controls	Winning time
M21	9,0 km / 12,9 km	375 m	19	40 min
W21	6,7 km / 9,9 km	235 m	12	40 min
M20	7,3 km / 10,3 km	255 m	14	30 min
W20	5,8 km / 8,5 km	250 m	13	30 min
M17	5,8 km / 7,8 km	245 m	15	25 min
W17	5,0 km / 6,5 km	195 m	9	25 min

### Long distance

Courses	Lenght Straight / shortest sensible	Total climb	Number of controls	Winning time
M21	20,8 km / 26,3 km	735 m	28	95 min
W21	14,5 km / 19,5 km	660 m	26	80 min
M20	14,8 km / 19.9 km	655 m	25	70 min





W20	11,5 km / 14,8 km	405 m	21	65 min
M17	9,5 km / 13,1 km	370 m	15	50 min
W17	7,7 km / 10,5 km	305 m	12	45 min

# **Sprint distance**

Courses	<b>Lenght</b> Straight	Total climb	Number of controls	Winning time
M21	3,3 km	90 m	17	13-14 min
W21	3 km	70 m	16	13-14 min
M20	3,1 km	80 m	16	13-14 min
W20	2,8 km	60 m	14	13-14 min
M17	2,8 km	65 m	15	13-14 min
W17	2,4 km	50 m	13	13-14 min

#### Relay

Courses	<b>Lenght</b> Straight	Total climb	Number of controls	Winning time
M21	8,4-8,6 km	290-300 m	21	30-35 min
W21	7,2-7,4 km	230-240 m	18	30-35 min
M20	7,4-7,6 km	240-250 m	18	30-35 min
W20	6,2-6,4 km	190-200 m	16	30-35 min

The data are used solely for information purposes only and may change up to the competitions.

# 17. Electronic punching system

SportIdent is used as electronic punching system.

Competitors may use either their own badge or they can borrow one from the organizer (no additional costs). All competitors must inform the Organizer about it in the online entry form. If a borrowed badge is lost, the competitor has to pay 20 EUR.





#### 18. Media services

Media center is located in the competition center at Sapientia University in Miercurea Ciuc. Representatives of media are kindly asked to register by email to klauscsucs@yahoo.de until January 31, 2010 and also to inform the organizers of their status (TV, radio, writing journalist, photo). Press center provides media representatives with internet, fax and copy services.

### 19. Transport

We will provide transport:

- from Bulgarian World Cup rounds to Miercurea Ciuc, 7<sup>th</sup> of February 2010 **35 EUR/person**
- from Henry Coanda International Airport, Otopeni, Bucharest to Miercurea Ciuc 20 **EUR/person**
- local transport from accommodation to competition areas 5 EUR/person/day
- excursion during the rest day free of charge
- from Miercurea Ciuc to Henry Coanda International Airport, Otopeni, Bucharest 20 EUR/person

Please book the transport you need via O-CENTRE



The local transport schedule will be published on our website. We can assure you that you have transportation from your accommodation to all official programs.

The travel from/to Bucharest is around 5-6 hours. We would like to ask you to book your flights back home in the afternoon of the 15<sup>th</sup> of Feb. (if it's possible). So you can stay till the end of the banquet.

Rent a car is not recommended.













