

Bulletin 2 6 World Ski Orienteering Championships 6 www.skiwoc2011.com

PROGRAMME

It is now clear that all races will take place at Tänndalen. No races will take place in Östersund.

Sunday	Mar 20 th	Arrival	Friday	Mar 25 th	Rest day
Monday	Mar 21 st	Model event	Saturday	Mar 26 th	Long distance
Tuesday	Mar 22 nd	Sprint	Sunday	Mar 27 th	Relay
Wednesday	Mar 23 th	Middle distance	Monday	Mar 28 th	Departure
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Thursday Mar 24th Sprint relay

A banquet will take place in the evening of March 27th.

How to get to Tänndalen / Venue

The event center is located in Tänndalen in the Swedish region of northwest Härjedalen, app. 220 km west of Östersund and app. 590 km northwest of Stockholm. Nearest airport is Röros in Norway (60 km, app. 1 hour) and Östersund (220 km, app. 3 hours). Then by car or bus from Röros east by road 31 or from Östersund south to Åsarna by road E15/45, then west to Hede and finally west by road 84.

By car or bus from Stockholm (app. 8 hours) north by road E4 to Söderhamn, then northwest by road 83 to Ljusdal and finally northwest by road 84.

See also Overview map at organisers website: www.skiwoc2011.com / link COMPETITION

The competition center and event office will be located at Hotel Tänndalen. Two start and finish areas will be used. The start and finish areas will be within about 1 km of the hotel. The altitude above sea level is app. 800 m.

No ski-O or foot-O competitions has been organised in the area earlier. There is one existing foot-O map that covers part of the competition area and has only been used for some recreational activities and covers only 3 sqkm. New map for ski-O are being produced during the summer and autumn 2010.

The Present foot-O map is published on the organisers website: $\underline{www.skiwoc2011.com}$ / link COMPETITION

TRANSPORT

The organiser offers transport by bus from Röros, Östersund and Stockholm Arlanda airport. Please, contact the organiser for information if other transport is requested.

TERRAIN / MAPS

The venue is situated on a rather steep area on the side of one large mountain. The terrain includes both less and more detailed contours, is mostly forest, and has some large marshes. Height differences are up to about 180 m. The area has some permanent trails for cross-country skiing and will have many trails specially for ski-orienteering added.

Digital printed ski-O maps will be used in all races, surveyed 2010, scale 1:5000 (sprint and sprint relay), 1:10 000 (middle distance and relay), 1:15 000 (long distance), contour interval 5 m.

EMBARGOED AREA

The area within an 8 km radius of Hotel Tänndalen is embargoed from March 2010 to March 2011. For more information see organisers website: www.skiwoc2011.com / link COMPETITION

PARTICIPATION

Each federation may enter seven (7) men and seven (7) women and unlimited number of team officials. For each individual competition each federation may enter four (4) men and four (4) women. Each federation is also allowed one (1) mixed team in the sprint relay consisting two (2) members including at least one (1) woman and one (1) team for the men's normal-length relay having three members and one (1) team for the women's normal-length relay having three members. In each individual competition, the current World Champion for the distance may also be entered by their Federation and does not count in the federation's normal quota.

The organiser and IOF are keen to attract countries which have never attended the World Championships in Ski-Orienteering before, to attend the 2011 World Championships. Such countries can contact the organiser if they have questions or need special help.

ANTI-DOPING

Doping is strictly forbidden: "Think positive - test negative". Doping tests are possible.











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COURSES

Times below are only preliminary and according to the IOF ski-O rules. Other information about courses will be given in later bulletins and at the team leaders meeting.

	Men	Mixed	Women
	Estimated winning time (min)	Estimated winning time (min)	Estimated winning time (min)
Sprint	15		15
Middle distance	45		45
Sprint relay		10 (per leg)	
Long distance	100		90
Relay	30 (per leg)		30 (per leg)

Note: It is likely that each skier in the sprint relay will ski two or three legs each such that the total skiing time for one skier will be 20-30 minutes. The race would then likely go skier 1 leg 1, skier 2 leg 1, skier 1 leg 2, skier 2 leg 2, skier 1 leg 3, skier 2 leg 3. More information will be forthcoming in later bulletins.

PUNCHING SYSTEM

EMIT system will be used in all competitions. Only e-cards provided by the organiser can be used. The e-cards will be delivered at the competition office on arrival. Lost and not returned e-card will be charged with 45 EUR.

MEDIA SERVICE

The Media center is situated at the Competition Office at Hotel Tänndalen. Representatives from media are kindly asked to register by March 10th 2011.

Form for registration, see: www.skiwoc2011.com / link MEDIA

Organisers media contact: Stefan Frick, tel +46 (0)76 776 27 88, e-mail stefan@frickmk.nu

ENTRY

Entry (form A) with numbers of competitors, relay teams and team officials shall be made <u>December</u> 15^{th} 2010 by the latest.

Entry (form B) with names of competitors and team officials shall be made March 10th 2011 by the

For forms to sign up for entry, see: www.skiwoc2011.se / link COMPETITION

Entry shall be sent to: Ski-O Tour Club, Strandbaden 38, SE-590 33 Borensberg, SWEDEN, fax +46 141 410 20 or e-mail info@skiwoc2011.se

ENTRY FEES

WOC 55 EUR / per competition Team officials **30 EUR** for the entire WOC

Entry fees shall be paid by <u>January 31st</u> 2010 at the latest to:

Account name Ski-O Tour Club

Bank name Nordea

Bank address SE-105 71 Stockholm, SWEDEN

Account no 105 55 43-1 SWIFT code NDEASESS

IBAN no SE71 9500 0099 6042 1055 5431

ACCOMMODATION

All accommodation arranged through the organiser will be at Hotel Tänndalen and cottages and guesthouses maximum 700 meters from hotel. In order to provide alternatives for different budgets and preferences we will offer four (4) different categories of accommodation as follow:

Cat 1 Apartment / cottage at Hotel Tänndalen, 2-3 persons, hotel standard, TV, shower, full

Including: Sheets, towels, cleaning at departure, pool, gym and sauna in hotel and

banquet.

Fee: 70 EUR per person and night





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Cat 2 Apartment / cottage 4-6 persons, hotel standard, TV, shower, full pension.

Including: Sheets, towels, cleaning at departure, pool, gym and sauna in hotel and

banquet.

Fee 2a: 80 EUR per person and night New renovated at Hotel Tänndalen Fee 2b: 50 EUR per person and night Budget at Hotell Tänndalen Fee 2c: 80 EUR per person and night "Fjällsätern", 500 m from hotel

Tänndalen

Cat 3 Cottage at "Fjällsätern", 500 m from hotel Tänndalen, 4-6 persons, TV, shower, sauna,

kitchen facilities, no meals provided. Including: Banquet
Not including: Sheets, towels, cleaning at departure
Fee: 53 EUR per person and night

Cat 4 Room at "Siljeströms" 700 m from hotel Tänndalen, 2-4 persons, common kitchen

facilities, no meals provided. Including: Banquet

Not including: Sheets, towels, cleaning at departure

Fee: 31 EUR per person and night

If other types of accommodation are requested, for example mattresses on floor with access to simple kitchen facilities, please, contact Hotel Tännadalen, e-mail info@hotelItanndalen.se.

For prices for fewer or extra nights, please, contact Hotel Tänndalen directly for prices indicating that You will take part in SKIWOC2011, e-mail info@hotelltanndalen.se.

There are a limited number of places in each category and they will be assigned on first come first served basis. For forms to sign up for accommodation, see: www.skiwoc2011.com / link ACCOMMODATION

Reservation for accommodation at Tänndalen shall be sent by <u>December 15th</u> 2010 at the latest to: Fax +46 141 410 20 or e-mail <u>info@hotelltanndalen.se</u>.

Fees for accommodation shall be paid by <u>December 15th</u> 2010 at the latest to:

Account name Härjedalen Lindberg AB

Bank name Swedbank

Bank address Rörosvägen 17, SE-840 95 Funäsdalen, SWEDEN

Account no 8147-1, 903 959 801

SWIFT code SWEDSESS

IBAN no SE25 8000 0814 7190 3959 8017

VISA

Citizens of countries who need visas for visiting Sweden (www.ud.se) should:

- Send a list of names to the organiser by <u>January 31st</u> 2011.
- · Visa application forms and invitations will be sent to teams immediately after receiving name list.

ORGANISER AND FURTHER INFORMATION

Ski-O Tour Club and Swedish Ski Association

Event director Stefan Frick, tel +46 70 372 20 32

Ass. Event director Claes Söderhjelm

Torgny Pettersson

Course Setter
Ass. Course setter
Senior Event adviser (SEA)
Ass. Event adviser (ass. EA)
National controller
Torgny Pettersson
Thomas Persson
Carl Fey, USA
Antti Myllärinen, FIN
Erik Svensson, Mora

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Bulletin 3 will be published on our website and linked from IOF's website January 2011





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